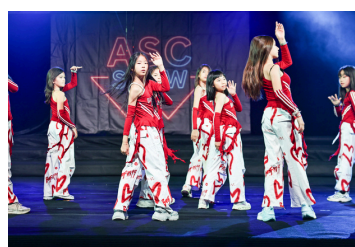


Extracurricular Activities ASC Yangpu Campus Catalogue



KINDERGARTEN ACTIVITIES

Our Kindergarten activities are designed to foster creativity, physical development, and social skills. These activities are tailored to the unique needs and interests of our youngest learners.

ACTIVITIES FOR OUR PS (K1)

ASC PS 🇬🇧 •

Children create through drawing, painting and 3D art while exploring a variety of colours, shapes and materials.

CREATIVE WORKSHOP 🇬🇧

– in English

Create, experiment and discover art in English through projects designed for young children.

ACTIVITIES FOR OUR MS (K2)

NEW

MINI SCIENCE EXPLORER 🇬🇧 •

Observe, explore and experiment to discover the little mysteries of science.



MINI BASKET 🇬🇧 •

Dribble, pass and shoot! A fun first introduction to basketball through dynamic games.



MINI CRAFT 🇬🇧 •

Cut, glue, build and create while developing imagination and fine motor skills.



ASC SHOW!

MINI DANCE 🇬🇧 •

Rhythm, movement and imagination: a fun first introduction to dance.



KINDERGARTEN ACTIVITIES

Our Kindergarten activities are designed to foster creativity, physical development, and social skills. These activities are tailored to the unique needs and interests of our youngest learners.

ACTIVITIES FOR OUR MS (K2)

STORYTELLING 🇫🇷🇬🇧

Listen to stories, play with characters and develop your imagination.



P'TIT CHEFS 🇫🇷🇬🇧

Mix, cook and taste! A fun introduction to cooking for little food lovers.



MINI PARKOUR 🇫🇷🇬🇧

Jump, climb, overcome obstacles and balance through fun and varied obstacle courses.



POTERIE ULTRALIGHT 🇫🇷🇬🇧

Shape, mould and explore colours while creating your first artworks with a lightweight, easy-to-handle material.



KINDERGARTEN

ACTIVITIES

GS (K3)



STORYTELLING 🇫🇷

Listen to stories, play with characters and develop your imagination.

NEW

MINI SCIENCE EXPLORER 🇫🇷

Observe, explore and experiment to discover the little mysteries of science.

ASC SHOW!

MINI DANCE 🇫🇷

Rhythm, movement and imagination: a fun first introduction to dance.

MINI CRAFT 🇫🇷

Découpe, colle, assemble et crée pour développer imagination et motricité fine.

LITTLE CHEFS 🇫🇷

Mix, cook and taste! A fun introduction to cooking for little food lovers.

MINI PARKOUR 🇫🇷

Jump, climb, overcome obstacles and balance through fun and varied obstacle courses.

MINI FOOT 🇫🇷

Run, dribble and score! A fun introduction to football and team play.

MINI BASKETBALL 🇫🇷

Dribble, pass and shoot! A fun first introduction to basketball through dynamic games.



Cultural Activities

– Primary

Our cultural activities for primary students are designed to broaden their horizons and develop their appreciation of art, culture and languages.

FLORAL ART ●🌸

Arrange, combine and create beautiful floral compositions while exploring shapes, colours and textures.

PRINTMAKING WORKSHOP 🇫🇷

Carve, ink and print! Discover rubber block printing to create your own stamps and prints.

COMICS / MANGA ●🌸

Imagine your characters, build your stories and learn the visual language of comics and manga.

CHINESE CRAFTS ●🇨🇳🇫🇷

Engaging workshops introducing children to traditional Chinese techniques and centuries-old crafts while developing their creativity.

LEATHERCRAFT WORKSHOP ●🌸

Discover the art of leathercraft through its history, tools and basic techniques, including material preparation and hand stitching..

ASC SHOW!

FRENCH CHOIR 🇫🇷

Children discover the joy of singing together, develop their musical ear and build confidence in a fun and welcoming environment. In French!

NEW

CODING ACADEMY ●🌸 FIRST LEGO LEAGUE

Build and program a LEGO robot to take on a team-based scientific challenge.



Cultural Activities

– Primary



LYCÉE FRANÇAIS
DE SHANGHAI
上海法国外籍人员子女学校

CODING ACADEMY ●● LITTLE ENGINEER

Discover coding concepts and create interactive projects. A fun introduction to engineering: build, experiment and solve technical challenges.



CODING ACADEMY ●● ROBLOX STUDIO

Create your own 3D worlds! Learn to model and program games while developing creativity and logical thinking.

CODING ACADEMY ●● ROBOTIC ENGINEERING

Discover STEM concepts through LEGO WeDo 2.0 projects while developing creativity and problem-solving skills.

CODING ACADEMY ●● SCRATCH BY MIT

Learn to code using Scratch, a visual programming language developed by MIT, to create games, animations and interactive stories

ASC SHOW! COSPLAY ●●

Imagine and create your own costume to bring your favourite character to life.

CREATIVE PAINTING ●●

Express your creativity through painting while experimenting with different styles, techniques and mediums.

CUISINE des CHEFS ●●●

Gain hands-on cooking experience, explore different cuisines and learn basic culinary techniques.

DETECTIVE CLUB ●●●

Investigate, search for clues and uncover the culprit through exciting mysteries full of twists and turns.

CHESS ●

An introduction to chess, covering basic rules and strategies while developing critical-thinking skills.

COSMETICS ●● MAKING

Create homemade cosmetics while learning about ingredients and the processes involved in making natural beauty products.

FASHION DESIGN ●●

Design unique miniature garments around different themes, express your creativity and explore the world of fashion design while having fun.

ITALIAN

Whether you are a beginner, of Italian heritage or simply curious about the language, learn Italian in a simple and fun way.

ART AROUND THE WORLD

Spark creativity through multidisciplinary art workshops. Explore modelling and collage while imagining, experimenting and expressing yourself through art.

MOSAIC

Cut, arrange and glue mosaic pieces to create colourful compositions.

STRATEGY GAMES

Anticipate, develop your strategy and challenge your opponents in stimulating games.

LITTLE ARCHITECTS

Explore the principles of architecture and design through hands-on projects that foster creativity and spatial awareness.

OIL PAINTING

Mix, apply and layer colours! Explore rich textures to create artworks full of depth.



ASC SHOW!

PERCUSSIONS

Embark on a rhythmic journey with instruments... from China! A vibrant experience celebrating the joy of music.



EPOXY RESIN

Mix, pour and create sparkling objects! Discover the art of resin, experiment with colours and inclusions, and develop creativity and attention to detail.

SCRAPBOOKING

Create personalised pages and albums using photos, paper and decorations to preserve special memories.

POTTERY

Discover pottery, shape your own creations, develop your artistic skills and have fun with modelling and decoration.

SPEECH AND DEBATE

Develop public-speaking skills with a focus on confidence, articulation and effective communication.

STRING ARTS 🎨

Explore the art of string work by creating intricate patterns and designs using stretched thread and other materials.

ASC SHOW!

THEATRE IN FRENCH 🇫🇷

Explore the performing arts while developing acting skills, stage presence and teamwork through performances and improvisation.

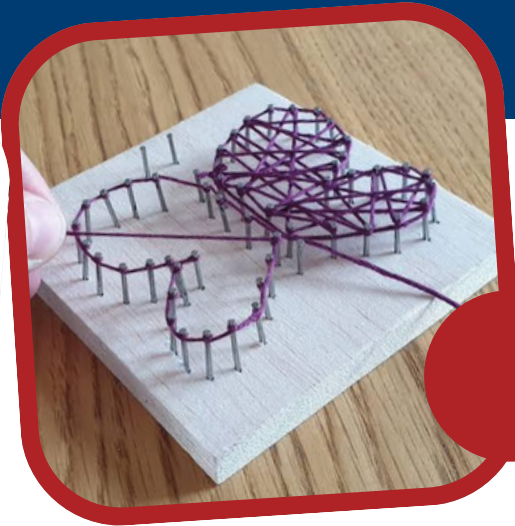
BOARD GAMES 🎲

Strategy, cooperation and fun: discover a selection of games to enjoy together.

NEW

CROCHET WORKSHOP 🧶

Learn the basics of crochet and create your first projects throughout the sessions



SPORTS ASC FOR PRIMARY STUDENTS

» Our sports activities aim to promote physical fitness, and teamwork among primary students.

ATHLETICS 🇫🇷

Run, jump and throw while developing speed, endurance and technique.

BADMINTON 🇫🇷

Learn and practise badminton. Master strokes, movement and strategies through drills and matches.

ASC SHOW!

BALLET 🇫🇷

A graceful introduction to classical dance, where children discover the basics of ballet through simple movements and fundamental positions.

BASKETBALL 🇫🇷

Learn or improve the fundamentals of basketball in a non-competitive environment. A great way to stay active, improve coordination and have fun together in a friendly atmosphere.

ASC SHOW!

DANCE by Lucie 🇫🇷

Explore different dance styles, focusing on techniques, rhythms and creative expression in a fun and dynamic environment.

ASC SHOW!

K-POP DANCE 🇫🇷

An energetic activity that develops coordination, memory and confidence through the dynamic world of Korean K-Pop.

NEW

ASC SHOW!

TRADITIONAL CHINESE DANCE •

Fans, ribbons and graceful movements! Children discover the richness of Chinese dance, combining tradition and elegance while developing flexibility, coordination and artistic expression.



SPORTS ASC FOR PRIMARY STUDENTS

» Our sports activities aim to promote physical fitness, and teamwork among primary students.

NEW

INDOOR CLIMBING 🇫🇷

A complete sport combining strength, agility and self-challenge. A fun introduction to climbing in a safe environment.

FENCING 🇫🇷

Discover the noble and dynamic world of fencing, combining concentration, agility and precision.

RECREATIONAL FOOTBALL 🇫🇷

An activity focused on enjoyment, teamwork and the development of basic football skills.

GYMNASTICS 🇫🇷

Develop gymnastics skills with a focus on flexibility, strength and coordination through a variety of exercises and routines.

UNDERWATER HOCKEY 🇫🇷

Discover this unique sport combining breath-holding, strategy and speed underwater! **For children who can swim.**

KIDS BALL GAMES 🇫🇷

Discover a variety of ball sports through dynamic and varied team games.

ASC SHOW!

KUNG-FU 🇫🇷

Learn Kung Fu with a focus on martial arts techniques, discipline and physical fitness.



SPORTS ASC FOR PRIMARY STUDENTS

» Our sports activities aim to promote physical fitness, and teamwork among primary students.

SWIMMING – SKILLS DEVELOPMENT

Cours de natation pour les élèves de primaire, couvrant les techniques de base, la sécurité aquatique et le développement de la confiance dans l'eau.

NEW

NETBALL

Pass, catch, score! Discover this team sport similar to basketball, where players do not dribble and each position has its own area. An activity that develops coordination, teamwork and strategy in a dynamic and fair-play environment.

TAEKWONDO

Coups de pied, blocages et concentration ! Les enfants découvrent cet art martial coréen qui développe souplesse, équilibre et maîtrise de soi, tout en apprenant le respect et la discipline.

NEW

TAG RUGBY / AMERICAN FOOTBALL

Kicks, blocks and concentration! Discover this Korean martial art, which develops flexibility, balance and self-control while teaching respect and discipline.

TENNIS DE TABLE

An introduction to table tennis, learning fundamental techniques and rules while discovering a passion for this fast-paced sport.

TENNIS – BEGINNERS

An introduction to tennis covering basic techniques and rules while developing an appreciation of the game.

ARCHERY

Apprends à viser, tirer avec précision et progresser dans le respect des règles de sécurité.

NEW

VOLLEYBALL – BEGINNERS •

Pass, bump and spike! Discover the basics of volleyball through adapted games and drills while developing coordination, reflexes and teamwork.



PRIMARY COMPETITION

We encourage our primary students to take part in a variety of competitions to develop a spirit of sportsmanship and excellence. All students will have the opportunity to compete in different tournaments throughout the year.

LFS COMPÉTITION 🇬🇧 - CHESS

Advanced chess sessions focused on competitive play, strategy, tactics and tournament preparation.

LFS COMPÉTITION 🇫🇷 🇬🇧 🇨🇦 - BASKETBALL

Improve your fundamentals, teamwork and game strategies for competition.

LFS COMPÉTITION 🇫🇷 🇬🇧 🇨🇦 - PRE-ELITE SWIMMING

This programme prepares young swimmers for the ELITE team by developing basic techniques, improving endurance and learning competition rules.

LFS COMPÉTITION 🇬🇧 🇫🇷 - FOOTBALL - FD ACADEMY

Advanced training with FD Academy to develop technical skills, strategy and team performance. Tournament preparation.

LFS COMPÉTITION 🇫🇷 🇬🇧 🇨🇦 - ELITE SWIMMING

Entraînement intensif pour développer vitesse, endurance, technique et performance en compétition.



Competition for Secondary Students

Secondary students have the opportunity to participate in a range of competitive events and ProZap activities designed to challenge and inspire them. All students will have the opportunity to compete in different tournaments throughout the year.



LFS COMPETITION – FOOTBALL

Advanced football training with FD Academy, developing skills, strategies and fitness to compete at high levels.

LFS COMPETITION – GIRLS' SOCCER

Targeted training for female football players, developing skills, strategies and fitness for tournaments and high-level matches.

LFS COMPETITION – ELITE SWIMMING

Intensive training to develop speed, endurance, technique and competitive performance.

LFS COMPETITION – PRE-ELITE SWIMMING

Prepare young swimmers for the ELITE team by developing technique and endurance and learning competition rules, building a strong foundation for advanced levels.

LFS COMPETITION – BASKETBALL

Competitive basketball training aimed at improving skills, strategies and teamwork while preparing players for tournaments and high-level competitions.

LFS COMPETITION – BADMINTON

Advanced badminton training focusing on techniques, strategies and match play to prepare players for competitive events.

LFS COMPETITION – CROSS-COUNTRY

Develop endurance and race strategy in preparation for SISAC and SSSA competitions.





ASC Leisure for Secondary School Students

Our leisure activities for secondary students offer a range of options to relax, have fun, and explore new interests.

CUISINE DES CHEFS 🇫🇷

Explore different cuisines and learn basic culinary techniques in a fun and interactive environment.

ASC SHOW!

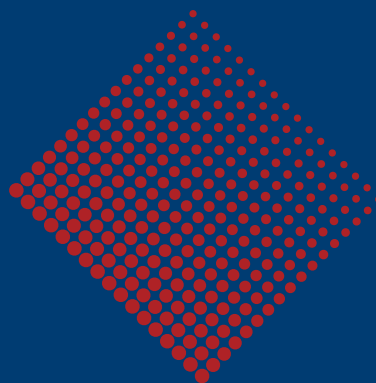
DANCE 🇫🇷

Explore different styles and create choreographies while developing technique and artistic expression.

NEW

SECONDARY CLIMBING 🇫🇷

Climb, progress and challenge yourself! Discover or improve your climbing skills on the wall while developing strength, flexibility, strategic thinking and self-confidence.

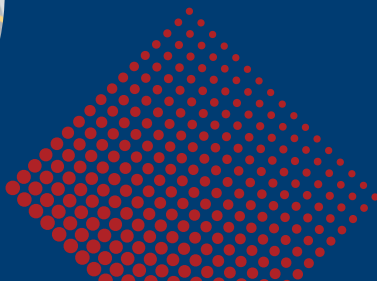


SECONDARY VOLLEYBALL 🇫🇷

Pass, bump and spike! A fun volleyball activity for teenagers, focused on enjoyment while developing coordination and teamwork.

SECONDARY SWIMMING 🇫🇷

Improve your technique and endurance to feel more comfortable and confident in the water.



PROZAP 2026/2027

The Asia-Pacific Zone Project (PROZAP) brings together AEFE network schools across the Asia-Pacific region for sports events and competitions throughout the year.

1 FOOTBALL (CAPF)

- Location: Bangkok
- Date: 21–25 January 2027
- Category: Middle School / High School – Boys & Girls

2 VOLLEYBALL (CAPV)

- Location: Ho Chi Minh City
- Date: 25–30 January 2027
- Category: High School – Boys & Girls

3 BADMINTON (CAPB)

- Location: Vientiane
- Date: 26–30 January 2027
- Category: Middle School / High School – Boys & Girls

4 BASKETBALL (CAPB)

- Location: Shanghai
- Date: 16–20 March 2027
- Category: Middle School / High School – Boys & Girls

5 NATATION (CAPN)

- Location: Singapore
- Date: 5–10 April 2027
- Category: Primary / Middle School / High School – Boys & Girls

6 FOOTBALL (CAPF)

- Location: Vientiane
- Date: 17–21 May 2027
- Category: Grade 4–5 / Middle School – Boys & Girls



Important Information

Jeudi 20 août : ASC programme available online on EDUKA

Wednesday, August 26

ASC Fair (Forum des ASC) – Discover the activities and meet the instructors

Saturday, August 29

- Trials for LFS Competition – ELITE and PRE-ELITE Swimming, FD Academy Football and Basketball
- Registration opens for all annual LFS Competition ASC programmes (Primary and Secondary).

Monday, August 31 – Saturday, September 5

Sports Week – Free trials for all competitive sports

Sunday, September 6 at 9:30 am

Registration opens for Primary Leisure ASC activities on EDUKA

Monday, September 7 at 10pm

Registration closes for all ASC activities

Monday, September 14

ASC Primary, secondary and LFS Competition programmes begin

Mid-January & Mid-June

ASC Show

Contacts

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