



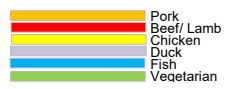





FRENCH - GERMAN SCHOOL



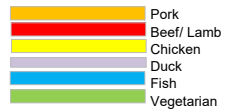




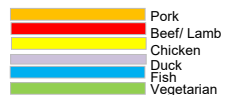
WEEK 1	MONDAY (4-6-26)	TUESDAY (4-7-26)	WEDNESDAY (4-8-26)	THURSDAY (4-9-26)	FRIDAY (4-10-26)
Trattoria (Pasta & pizza)		Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)
		Pepperoni & Bell Pepper Gratin	Beef Bolognese	Ham & Mushroom Carbonara	Chicken BBQ gratin
		Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)
		Sausage & Corn Pizza	Chicken & Mushroom Pizza	Ground Beef Pizza	Peperoni & Bell Pepper Pizza
ASIAN (Taste of Asia)		Fried Garlic Chicken with Noodles 蒜香鸡块面	Pickled Fish with Sichuan Vegetables in Sour Noodle Soup 酸菜鱼片面	Vietnamese Chicken Pho with Vegetables 越南鸡肉汤河粉	Braised Pork in Soya Sauce with Noodle 红烧肉面
		Braised Duck with Tea Tree Mushroom, Rice & Vegetables 茶树菇烧鸭饭	Braised Beef Brisket with Radish in Soya Sauce, Rice & Vegetables 白萝卜炖牛腩饭	Shanghai Style Fried Pork Chop with Rice & Vegetables 本帮炸猪排饭	Taiwan Style Three-Cup Chicken with Rice & Vegetables 台式三杯鸡饭
Chef's Table		Roasted Chicken Leg Lemon & Thyme, Roasted Potato, Broccoli	BBQ Pork Ribs, Garlic Roasted Potato & Cauliflower	Grilled Salmon, Teriyaki Udon Noodles, Bok Choy Vegetables	Grilled Beef Burger with Tomato, Pickles and Lettuce, French Fries, Coleslaw Salad
Roots & Seeds (vegetarian station)		Potato & Onion Pancake, Braised Red Cabbage with Apple and Onions, Apple Puree	Stuffed Cabbage Roll with Rice, Mushrooms, On Creamy Leek Red Pepper Corn Casserole, Roasted Potatoes Cubes	Onion Spinach Broccoli Quiche, Roasted Red Bell Pepper Yogurt Coulis, Beetroot Cold Rice Salad	Pita Goat Cheese, Roasted Sweet Potato and Red Beetroot, Yogurt Dip
		Salad Buffet	Salad Buffet	Salad Buffet	Salad Buffet
Soup		Green Vegetables and Chive Soup Diced Chicken	Green Pea Soup & Bacon	Chickpeas Soup & Chicken	Fish Soup
Crave (Sandwiches & desserts)		Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)
		Banana Chocolate Cake	New York Cheese Cake	Sacher Cake	Bread Pudding



- Pork
- Beef/ Lamb
- Chicken
- Duck
- Fish
- Vegetarian

WEEK 2	 FRENCH - GERMAN SCHOOL 				
	MONDAY (4-13-26)	TUESDAY (4-14-26)	WEDNESDAY (4-15-26)	THURSDAY (4-16-26)	FRIDAY (4-17-26)
Trattoria (Pasta & pizza)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)
	Buffalo Chicken Pasta Bake	Gochujang Sauce with Pork Balls	Beef Lasagna	Chicken Bolognese	Pork Meat Ball & Tomato Sauce
	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)
	Sausage Meat & Veggies Pizza	4 Cheese Pizza	Chicken & Cream and Broccoli Pizza Big Slice	Tuna Pizza, Red Onion & Cream	Cumin BBQ Chicken Prima Vera Pizza
ASIAN (Taste of Asia)	Color Pepper & Sliced Squid with Noodles 五彩花枝面	Braised Duck Shanghai Style with Noodles 本帮酱鸭面	Lanzhou Style Beef Noodles 兰州牛肉面	Japanese Style Teriyaki Chicken with Udon 日式照烧鸡肉乌冬面	Fired Pork Slice with Color Pepper & Mushroom in Noodle Soup 彩椒木耳肉片面
	Clay Pot Rice with Pickled Pork, Egg & Vegetables 港式腊味太阳蛋煲仔饭	Curry Beef with Rice & Vegetables 咖喱牛肉饭	Singapore Style Rib Soup with Rice & Deep-Fried Dough Stick 新加坡肉骨茶配米饭和油条	Duck Slice in Oyster Sauce with Rice & Vegetables 蚝油鸭片饭	Fish in Chili Sauce with Rice & Vegetables 剁椒蒸鱼饭
<i>Chef's Table</i>	Chicken Tandoori, Jasmin Rice, Peach Chutney, Broccoli & Cauliflower	Grilled Cheese Sausage, Onion Gravy, Mashed Potato, Braised Sauerkraut	Grilled Philippine Chicken Leg, Lava Rice, Green Papaya Salad	Kimchi & Bacon Fried Rice, Bok Choy, Sunny Side Egg	Baked Beef Brisket, Onion Gravy Sauce, Potato- Apple Gratin, Mediterranean Vegetables
Roots & Seeds (vegetarian station)	Vegetarian Burrito, Beans & Corn, Rice with Pico De Gallo Salsa	Vegetarian Königsberger Klopse, Celery Mash, Carrots Salad	Eggplant Involtini, Insalata Vastasa and Garlic Bread	Ratatouille Frittata with Salsa Verde, Turmeric Couscous	Pad Thai, Tofu Potato Ball, Over Easy Egg
	Salad Buffet	Salad Buffet	Salad Buffet	Salad Buffet	Salad Buffet
Soup	Greek Lemon Rice Soup with Chicken	Minestrone Soup with Beef	Gai Yang Soup with Pork	Chicken Mulligatawny Soup	Bacon White Cabbage Soup
Crave (Sandwiches & desserts)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)
	Apple strudel	Panna Cotta	Mango with Coconut Rice	Apple Crumble cake	Chocolate & custard Eclairs
					

WEEK 3	 FRENCH - GERMAN SCHOOL 				
	MONDAY (4-20-26)	TUESDAY (4-21-26)	WEDNESDAY (4-22-26)	THURSDAY (4-23-26)	FRIDAY (4-24-26)
Trattoria (Pasta & pizza)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)
	Mac & Cheese, Sausage Gratin	Chicken Spinach Florentine Sauce	Beef Pastaztio Gratin	Chicken Bolognese Sauce	Texas Pulled Pork Gratin
	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)
	Chicken Pesto Broccoli Cherry Tomato	Hawaii Pizza	Mini Chicken Sausage & Bell Pepper Pizza Big Slice	Cajun Beef & Bell Pepper and Corn Pizza	Anchovy Pizza, Cherry Tomato, Black Olives
ASIAN (Taste of Asia)	Stir Fried Duck with Onion in Noodle Soup 葱爆鸭片面	Tomato & Beef Noodles in Broth 浓香番茄牛肉面	Duck & Vermicelli Soup 老鸭粉丝汤	Mixed Noodles with Fried Chicken & Peppers 双椒鸡拌面	Steamed Fish with Pepper & Onion Slices in Soya Sauce, Rice & Vegetable 豉汁三丝蒸鱼饭
	Sweet & Sour Pork Ribs with Rice & Vegetables 糖醋排条饭	Orleans Grilled Chicken with Rice & Vegetables 奥尔良烤鸡饭	Braised Pork Belly with Preserved Vegetables & Rice 梅菜扣肉饭	Salt & Pepper Fish, Rice & Vegetables 椒盐鱼块	Salt-baked Chicken with Rice & Vegetables 盐焗鸡饭
<i>Chef's Table</i>	Chicken Quesadilla with Sour Cream, Fried Nachos, Corn Salad with Avocado	Baked Pork Porchetta, Rosemary Gravy, Gratin Dauphinois, Vichy Carrots	Deep Fried Chicken Cordon Bleu, Creamy Dill Potato, Glazed Carrots	Roasted Lamb Kebab, Tzatziki Sauce, Flatbread, Turkish Couscous, Farmer Salad	Oven Baked Swedish Meatballs On Cream Sauce, Cranberry Jam, Mashed Potato, Green Peas
Roots & Seeds (vegetarian station)	Croute Champignon, Sunny Side Egg, Baked Tomato	Eggplant Parmigiana, Steamed Millet Rice, Okra Fritters	Cheese Spaetzli with Caramelized Onions, Sauteed Mushrooms	Sizzling Saigon Crepes (Banh Xoe), Sweet Chili & Garlic Sauce, Vietnam Lettuce Salad with Mint and Basil	Vegetarian Sushi Roll, Avocado Wasabi Asian Salad with Red Bean, Soy Sauce Dip
	Salad Buffet	Salad Buffet	Salad Buffet	Salad Buffet	Salad Buffet
Soup	Winter Vegetable Chicken Broth	Beef Goulash Soup	Pumpkin Soup & Sausage	Moroccan Chickpea Soup with Chicken	Mushroom Cream Soup & Ham
Crave (Sandwiches & desserts)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)
	Lemon Cake	Crepe Chocolate Sauce	Caramel Flan	Chocolate & Matcha Cookie	Fruit Tart
					

WEEK 4	 FRENCH - GERMAN SCHOOL 				
	MONDAY (5-11-26)	TUESDAY (5-12-26)	WEDNESDAY (5-13-26)	THURSDAY (5-14-26)	FRIDAY (5-15-26)
Trattoria (Pasta & pizza)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)
	Bacon And Mushroom Gratin	Chicken Alfredo	Beef Bolognese	Aepler Macaroni With Potato, Ham And Bacon Casserole	Mexican Pulled Chicken Sauce
	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)
	Chicken Pesto Pizza	Smoked Salmon, Dill & Capers Pizza	"Flammkuchen" Bacon Onion Chives Pizza Big Slice	Hard Boil Egg, Spinach, Shallots Pizza	Ham & Mushroom Calzone Pizza
ASIAN (Taste of Asia)	Boiled Fish with Sichuan Chili Oil & Noodles 水煮鱼面	Braised Beef in Soya Sauce with Noodles 红烧牛肉面	Pan-seared Duck Breast with Noodles 香煎鸭胸面	Shredded Chicken Sichuan Style with Noodles 川香手撕鸡面	Cantonese Style Wonton Soup with Bamboo-Pressed Noodles 广式竹升云吞面
	Salt & Pepper Pork Ribs with Rice & Vegetables 椒盐排条饭	Xinjiang Style Chicken with Potato & Vegetables in Big Plate 新疆大盘鸡饭	Stuffed Tofu Skin Rolls with Pork, Rice & Vegetables 上汤百叶包配米饭	Smoked Fish with Rice & Vegetables 本帮熏鱼饭	Braised Chicken & Yam in Soya Sauce with Rice & Vegetables 山药烧鸡饭
Chef's Table	Deep Fried Chicken Nuggets, Baked BBQ Potato, Tomato & Mozzarella Salad	Spanish Stuffed Pork Loin Roast with Chorizo Sausage Wrapped in Bacon, Paella Rice, Green Beans	Oven Barbecued Chicken Leg, Baked Potato & Chive Sour Cream, Butter Corn Cubs	Beef Nachos, Sour Cream And Mexican Tomato Salsa, Cheese Sauce	Pork Katsu Sandwich With Teriyaki Sauce, Japanese Potatoes, Cabbage Salad
Roots & Seeds (vegetarian station)	Turmeric Couscous and Cranberries, Chickpea & Eggplant Stew, Over Easy Egg	Cauliflower Burger, Roasted Bell Pepper Relish, Tzatziki Sauce, Roasted Baby Potatoes	Spanish Tortilla, Vegetables "Bouquetiere", Alioli	Oven Roasted Stuffed Bell Pepper with Wild Rice & Quinoa, Baked Pumpkin, Fresh Tomato Basil Salad	Amaranth Green Onion Fritters, Green Dip, Barley and Spinach Mushroom Salad
	Salad Buffet	Salad Buffet	Salad Buffet	Salad Buffet	Salad Buffet
Soup	Cajun Pork Lentils Soup	Chicken Curry Potato Soup	Borscht With Dill And Beef	Traditional Onion & Chicken Soup	Gazpacho & Tomato Garlic Crostini
Crave (Sandwiches & desserts)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)
	Egg Tart	Chocolate Muffin	Palmier / Butterfly Pastry	Napoleon	Chocolate & Orange Cake
					

WEEK 5	 FRENCH - GERMAN SCHOOL 				
	MONDAY (5-18-26)	TUESDAY (5-19-26)	WEDNESDAY (5-20-26)	THURSDAY (5-21-26)	FRIDAY (5-22-26)
Trattoria (Pasta & pizza)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)
	Chorizo Sausage, Marinara	Creamy Chicken "Aurore" Gratin	Beef Goulash Sauce	Grilled Chicken Breast with Pesto Sauce	Pork Milanaise Tomato Sauce
	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)
	Chorizo Sausage, Jalapeno Sausage	Greek Pizza, Beef, Feta, Black Olive	Chicken & Cream and Broccoli Pizza Big Slice	Bacon & Onion Pizza	Chicken & Eggplant Pizza
ASIAN (Taste of Asia)	Duck & Vermicelli Soup 老鸭粉丝汤	Chicken in Scallion Oil with Noodles 葱油鸡面	Laksa with Homemade Fish Ball 叻沙鱼丸粉	Fried Noodles with Beef 牛肉炒面	Pulled Chicken Noodles 手撕鸡面
	Beef Shreds in Oyster Sauce, Rice & Vegetables 蚝油牛肉丝饭	Fish Fillet in Tomato Sauce, Rice & Vegetables 茄汁鱼块饭	Crispy Duck Leg, Rice & Vegetable 香酥鸭腿饭	Steamed Chicken with Rice Flour, Rice & Vegetables 粉蒸鸡块饭	Homemade Meatball in Soya Sauce, Rice & Vegetables 红烧狮子头饭
<i>Chef's Table</i>	Soy Glazed Chicken Leg, Indonesian Style Fried Rice, Cauliflower with Garlic, Ginger	Baked "Osso Buco", Polenta, Glazed Baby Carrots	Honey-mustard Chicken Tights, Potato Wedges, Broccoli	Steamed Arctic Char, Lemon & Herb Butter, Pappardelle Pasta, Green Beans	Oven Baked Beef Roulade, Mashed Potato, Braised Red Cabbage with Apples
Roots & Seeds (vegetarian station)	Vegetable and Mushroom Vol Au Vent In Bread, French Potato Salad with Dijon Mustard and Fine Herb	California Shushi Roll, Japanese Cucumber Salad, Fried Wonton Chips	Vegetarian Florentina Lasagna	Pumpkin Schnitzel with Tabouleh Salad	Vegetarian Tacos & Mango Avocado Salsa, Purple Rice, Corn Salsa
	Salad Buffet	Salad Buffet	Salad Buffet	Salad Buffet	Salad Buffet
Soup	Kombu and Salmon Soup	Carrot-ginger Soup with Chicken	Broccoli with Grilled Beef Soup	Cauliflower Cream Soup with Chicken	Thai Congee with Pork
Crave (Sandwiches & desserts)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)	Sandwich Station (Make Your Own Sandwich)
	Apple Cake	Carrot Cake	Lemon Tart	Chocolate Cake Roll	Light Cheese Cake
					

WEEK 6	 FRENCH - GERMAN SCHOOL 				
	MONDAY (5-25-26)	TUESDAY (5-26-26)	WEDNESDAY (5-27-26)	THURSDAY (5-28-26)	FRIDAY (5-29-26)
Trattoria (Pasta & pizza)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)	Tomato Sauce (V)
	Chicken Caprese Gratin	Macaroni Al Forno (Hard Boiled Egg)	Beef Lasagna	Chicken Tikka Masala Sauce	Marinated Pork, Basil, Tomato Cream Baked
	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)	Pizza Margherita (V)
	Salami Pizza	Chicken Taco Pizza	Peperoni & Bell Pepper Pizza Big Slice	Ground Beef & Corn Pizza	BBQ Chicken Pizza
ASIAN (Taste of Asia)	Tomato Pork Paste with Noodles 番茄肉酱面	Noodles in Thick River Fish Soup 鲫鱼汤面	Scallion Oil and Braised Pork Noodles 葱油卤肉面	Chicken with <i>Paomo</i> (Soaked Bread) 鸡汤泡馍	Braised Beef with Noodles 红烧牛肉面
	Beef Slice in Sour Soup, Rice & Vegetables 酸汤肥牛饭	Fried Chicken with Black Pepper, Rice & Vegetables 黑胡椒鸡块饭	Sweet & Sour Fish, Rice & Vegetables 糖醋鱼块饭	Homemade Pork Dumpling, Tomato & Egg Soup 猪肉煎饺番茄蛋汤	Duck Breast with Yellow Peach, Rice & Vegetables 黄桃鸭胸饭
<i>Chef's Table</i>	Spiced Yoghurt Chicken with Chickpeas and Eggplant, Couscous	Hot Dog with Caramelized Onions, Fries, Cucumber & Corn Salad	Chicken Kebab, Laffa Bread, Mint Yoghurt, Oregano Potato, Greek Salad	Korean Beef Bibimpap Rice Bowl with Pickled Vegetables, Over Easy Egg	Pork Loin Orloff Carving Station, Baked Potato Wedges, Farmer's Lettuce Salad
Roots & Seeds (vegetarian station)	Omelets with Tomatoes, Onion, Mushroom, Creamy Potluck Potatoes	Red Lentils & Feta Stuffed Zucchini with Mint, Curried Potato Gratin	Quiche Onion, Spinach, Cherry Tomato, Farmer's Salad	Mushroom Tofu Quesadilla, Garlic & Parsley Roasted Potatoes, Corn-tomato Salad	Baked Moussaka, Quinoa, Beet Leaf and Vegetable Brunoise Salad,
	Salad Buffet	Salad Buffet	Salad Buffet	Salad Buffet	Salad Buffet
Soup	Barley Soup & Bacon	Miso Noodle Soup with Chicken	Beef Goulash Soup	Chicken Mulligatawny Curry Soup	Fish Ball Soup
Crave (Sandwiches & desserts)	Sandwich Station	Sandwich Station	Sandwich Station	Sandwich Station	Sandwich Station
	Caramel Pancake	Tiramisu	Chocolate Tart	Banana Cake	Chocolate Cake
