

ASC Committee – Semester 1

School Year 2025–2026

16 December 2025

Agenda

- Members
- Regulations
- ASC missions
- Registration review – semester 1
- LFS competitions
- Pollution protocol issue
- After school care service
- Holiday camps
- AEFE – ProZAP
- ASC – backward planning
- Questions and answers
- Appendices

ACTIVITÉS SPORTIVES
CULTURELLES
LYCÉE FRANÇAIS DE SHANGHAI
上海法国外籍人员子女学校

Members

LFS school mangement representatives

Headmaster	M. Laurent FOUILLARD
Executive director	M. Benjamin BILYERYST
Operations director	M. Willy BONGA
Deputy head of Yangpu Primary School	Mme Nathalie MOTTET
ASC manager Qingpu & Yangpu	M. Achille MESSI
ASC manager Yangpu	Mme. Julie GENOUDET
ASC manager Qingpu	M. Adrien THEVENET

LFS parent representatives

4 seats (2 Yangpu et 2 Qingpu)	
	Mme Sophie KHRIPOUNOFF
	Mme Marine KONG
	M. Jean-Marie BLANC

LFS student representatives

4 seats (2 Yangpu et 2 Qingpu)	Li NA / Elise FOURDRINIER
	Franck LIN / Raphael BERTHIER
	Philippine DE SAIGNES /Kalina SPASOVA
	Chloé LOCARD / Drago GOUTARD

LFS staff representatives

2 seats	M. Eric LANZI
	Mme Cecile BODENNEC

Regulations

Objectives of the committee

The ASC Committee is responsible for addressing recurring questions relating to after school activities.

More generally, the committee fosters a healthy, transparent relationship between the school, families, staff, and student representatives, in order to improve the overall quality of the ASC service within existing constraints, by sharing information on ASC operating rules, ASC programs, ASC camps, registration procedures, and by answering the questions that concern them.

The committee will meet once per semester.

Limitations of the committee's scope

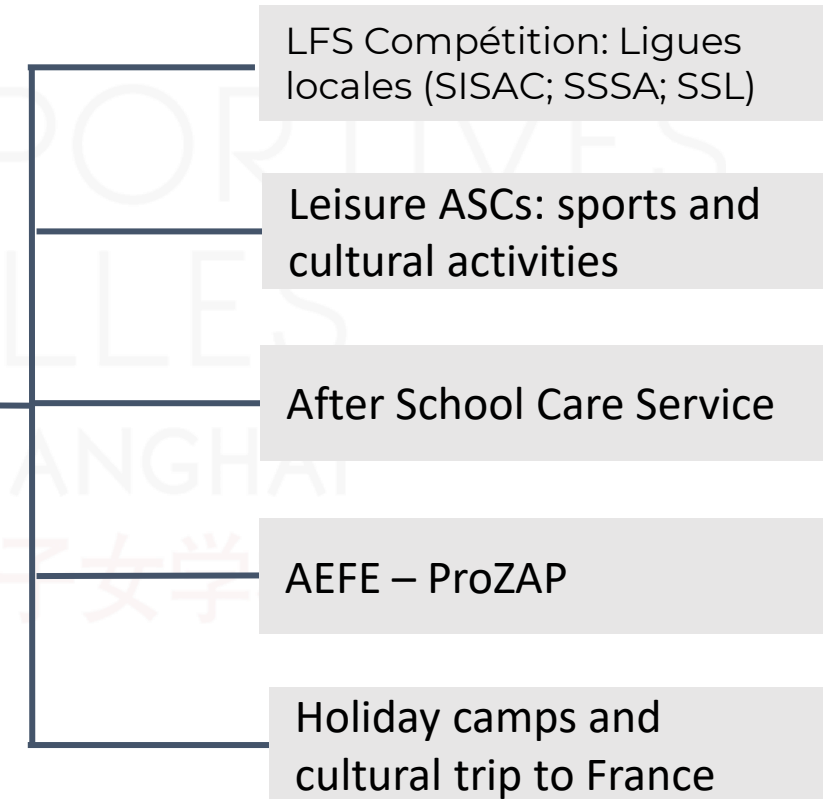
It is important to underline that the ASC Committee does not have decision making power; it plays an advisory role. Final decisions are made by LFS management. During meetings, committee members must set aside any personal conflict of interest in order to promote constructive exchanges aimed at improving the quality of the ASC service in the general interest of families.

ASC Missions

ASC activities are at the heart of school life at LFS, offering every student the opportunity to grow, express themselves, and thrive outside of lessons. Through sports, arts, and many disciplines, students develop essential skills: self confidence, team spirit, creativity, and perseverance.

With more than 70 activities supervised by professional instructors, we welcome students from kindergarten (PS) to Grade 12, in French, English and or Chinese.

Our programs are offered in two categories: leisure, to discover and improve, and competition, to take on challenges and push limits.



Registration review

Semester 1 registrations were satisfactory.

The after school activities offer (ASC) broadly met family expectations, covering all areas: leisure activities, LFS competitions, and the after school care service.

Registration stability is explained by the diversity of the ASC offer, the quality of the service provided, and the commitment of instructors.

Several adjustments were implemented to optimize the registration process and improve the family experience:

Registrations staggered by category (LFS competition sports, primary leisure activities, after school care) for better flow on the EDUKA platform.

Maintaining a delayed registration opening on Sunday 07 09 (Yangpu at 9:30 and Qingpu at 10:00) to reduce congestion on EDUKA.

Maintaining the waiting list system to manage additional requests effectively.

Free medical consultations organized by LFS on the Qingpu and Yangpu campuses during the Open Day on Wednesday 27 August.
Also offered: discounted visits at partner hospitals.

New activities offered in Yangpu:

- ✓ Leathercraft workshop
- ✓ Ballet for primary
- ✓ Coding Academy: Little Engineer
- ✓ Coding Academy: Metalab for kindergarten
- ✓ Coding Academy: Robot Programming
- ✓ Cosplay (costume making)
- ✓ Fencing
- ✓ Water hockey
- ✓ Pickleball
- ✓ Storytelling for kindergarten

New activities offered in Qingpu:

- ✓ Coding Academy: Little Engineer
- ✓ Coding Academy: Metalab for kindergarten
- ✓ Coding Academy: Robot Programming
- ✓ Fencing
- ✓ Water hockey
- ✓ Gardening

Registration review

ASC	Qingpu		Yangpu	
	2024/2025	2025/2026	2024/2025	2025/2026
Semestre 1				
Number of spots per semester	1450	1410	1150	1100
Number of enrollments per semester.	1312	1243	1036	999
Number of time slots per semester	127	128	118	115
Semester fill rate	90%	88%	90%	91%
Number of canceled sessions per semester	6	9	6	5
Annuel				
Number of spots per year	510	504	240	247
Number of enrollments per year	424	411	179	207
Number of time slots per year	63	64	38	42
Annual fill rate	83%	82%	75%	83%

Registration review

Léon CROIZIER 2024-2025

Inscriptions Catalogue **Planning de Léon** Historique

Léon est actuellement inscrit(e) aux sessions ci-dessous, pour un tarif total de: 6 560,00 CNY

CUISINE DES CHEFS
• Mercredi de 12H40 à 13H40
• Vendredi de 12H40 à 13H40
TOTAL: ¥2 280,00

SCRAPBOOKING
• Mercredi de 12H40 à 13H40
TOTAL: ¥1 640,00

BASKETBALL
• Mercredi de 13H50 à 14H50
TOTAL: ¥1 640,00

! Les inscriptions marquées d'un sont sur liste d'attente; elles ne sont pas encore confirmées.

Planning hebdomadaire

	Lundi	Mardi	Mercredi
8H			
9H			
10H			
11H			
12H			<p>CUISINE DES CHEFS De 12H40 à 13H40</p>
13H			<p>SCRAPBOOKING De 12H40 à 13H40</p>
14H			<p>BASKETBALL De 13H50 à 14H50</p>
15H			
16H			
17H			

Gestion des inscrits

LISTE D'ATTENTE CUISINE DES 6 inscrits CHEFS

Mercredi 12H40 (1H)

1. CROIZIER Léon	YP CE1A
2. LI Joy	YP CE1A
3. SHI Jacob	YP CE1C
4. WENG Melvil	YP CPA
5. LIANG Chen	YP CE1A
6. LUMBROSO-SOYEUX Nathalie	YP CE1B

Pre-registration for Semester 2 for students on the waiting list of the most popular activities

The ASC office will pre-register the students concerned on 30 January. This early step will take place before the official registration period for Semester 2, scheduled on 1 February.

Families will then be able to confirm or modify the pre-registration made for their child by the ASC office.

Activities concerned (with waiting list) – Yangpu campus: Cooking workshop

- K-pop dance
- Dance by Lucie
- Gymnastics

Activities concerned (with waiting list) – Qingpu campus:

- Cooking workshop
- Minecraft coding
- Zumba dance
- K-pop dance

LFS Competitions

Communication regarding the kickoff of the volleyball, cross-country, basketball, and U15 girls football seasons was sent to families and teachers.

This communication was previously validated by Mr Fouillard and Mr Bilteryst.

Please kindly note that, in accordance with school policy, the absolute priority remains classes and exam preparation.

Only students who are able to catch up on missed lessons and whose participation will not significantly impact their academic results will be authorized to take part in these competitions.

Otherwise, we reserve the right to refuse their participation.

Volleyball SISAC 2025-2026 Boys D2

Date	Game Time	Team	Opponent	Contact	Location	Score
mercredi 17 septembre 2025	16:00	Boys	YCIS	Vanessa	Away	
vendredi 19 septembre 2025	16:00	Boys	SAS PX	Matt	Home	
samedi 20 septembre 2025	9:00	Boys	BISS	Jean Baptiste	Away	
jeudi 25 septembre 2025	16:00	Boys	SSIS SZ	Simon	Away	
mardi 7 octobre 2025	16:00	Boys	DCSZ	Ben Cantrill	Home	

Volleyball SISAC 2025-2026 Girls D2

Date	Game Time	Team	Opponent	Contact	Location	Score
vendredi 19 septembre 2025	16:00	Girls	YCIS		Away	
samedi 20 septembre 2025	9:00	Girls	BISS		Away	
mardi 23 septembre 2025	16:00	Girls	SCIS		Away	
mardi 7 octobre 2025	16:00	Girls	DCSZ		Home	
vendredi 10 octobre 2025	16:00	Girls	SAS PX		Away	

FOOTBALL SSSA U15 2025-2026 Girls D1

Date	Game Time	Team	Opponent	Location	Score
mercredi 15 octobre 2025	17:00	Girls	SCLS	Away	
mercredi 5 novembre 2025	17:00	Girls	SUIS JK	Home	
mercredi 19 novembre 2025	17:00	Girls	HD Shanghai	Home	
lundi 24 novembre 2025	17:00	Girls	Play Offs		
lundi 1 décembre 2025	17:00	Girls	Final		

Basketball SISAC 2025-2026 Boys D2

Date	Game Time	Team	Opponent	Contact	Location	Score
mardi 4 novembre 2025	17:00	Boys	DSS		Home	
mardi 25 novembre 2025	16:00	Boys	SAS PX		Away	
samedi 29 novembre 2025	9:00	Boys	BISS		Away	
samedi 29 novembre 2025	9:00	Boys	DCSZ			
mercredi 10 décembre 2025	16:00	Boys	YCIS		Away	

LFS Competitions



Catégorie	Élites	Pré-Élites
Primaire	35	26
Collège	31	28
Lycée	24	-
Total	90	54

With **144 swimmers** enrolled in the Elite and Pre-Elite programs, swimming is experiencing strong growth at LFS. This momentum has increased since the opening of the Yangpu swimming pool, offering our students a modern training environment.

A season full of challenges awaits our swimmers, including:

- ✓ SSL league competitions
- ✓ ESC league competitions
- ✓ **ProZAP Swimming in Singapore, 23 to 28 March**

LFS Competitions

Order in progress:

An order of 374 LFS jackets has been placed for all students registered in competition sports.

The cost is included directly in the ASC Competition registration fees.

Competition kits (football, volleyball, basketball, badminton, swimming, and table tennis) have been fully distributed.



Pollution protocol issue

AIR QUALITY PROTOCOL FOR <u>OPEN AIR ACTIVITIES</u> ON SCHOOL GROUNDS					
PARAMETERS		ACTIONS			
AQI China	PM2.5 in $\mu\text{g}/\text{m}^3$	No action	No action, <i>except for sensitive people: no breaks and sports outside, breaks and sports inside maintained</i>	No breaks and sports outside Breaks and sports inside maintained	No breaks and sports outside No sports inside and outside
< 150	< 70	X			
	70 < PM2.5 < 90		X		
	> 90			X	
150 < AQI CN < 200	< 90		X		
	> 90			X	
200 < AQI CN < 300	NA			X	
> 300	NA				X



LFS pollution protocol

The school's air pollution management protocol, available on the LFS website, applies to all sports activities, indoors and outdoors.

The amended version in January 2024 specifies rules for sports competitions (football) held outside the Eurocampus.

This protocol is based on the Shanghai municipal standard using the Chinese AQI, unlike the Y football league which refers to the U.S. Consulate AQI.

Activities maintained (Green level)

Conditions: Shanghai AQI < 150 and PM2.5 < 70 $\mu\text{g}/\text{m}^3$.

Guideline: No action required. Matches proceed as planned.

Caution for sensitive groups (Orange level)

Conditions: Shanghai AQI < 150 but PM2.5 between 70 and 90 $\mu\text{g}/\text{m}^3$.

Guideline: Competitions are maintained. The decision for asthmatic students is left to families.

Cancellation of activities (Red level)

Conditions: Shanghai AQI > 150 and PM2.5 > 90 $\mu\text{g}/\text{m}^3$.

Guideline: All outdoor sports events are cancelled (e.g. football training or matches).

Pollution protocol issue

Y Football League pollution protocol

The Y-League is a private league grouping schools and football clubs.

It has established a strict air quality protocol based on U.S. Council indicators to protect participants' health.

AQI > 180: matches cancelled for U6, U7, and U8 only.

AQI ≥ 200: all matches cancelled across all categories.

PM2.5 > 100: immediate cancellation of all matches.

In the event of a pollution spike, the Y-League manager commits to informing coaches **at least 1h30** in advance so families can be notified.

Air Quality Protocol (AQI) – SISAC International Schools League

AQI < 175

If AQI is below 175 at 14:00, teams must go to the competition site and be ready to play as scheduled.

AQI > 175

If AQI exceeds 175, all scheduled matches are postponed and rescheduled.

SISAC does not include PM2.5 in its protocol.

Air Quality Protocol (AQI) – SSSA Chinese Bilingual Schools League

AQI > 150

If AQI exceeds 150, all scheduled matches are postponed and rescheduled.

SSSA does not include PM2.5 in its protocol.

Pollution protocol issue

Consultation on applying the LFS pollution protocol for off-campus competitions

Dear ASC Committee members,
We would like to gather your opinion on applying the pollution protocol for competitions organized outside the Eurocampus (Qingpu and Yangpu).

Question:
Should we systematically apply the LFS protocol, which cancels all outdoor sports fixtures when AQI exceeds 150 and or PM2.5 exceeds 90?

Arguments in favor of strict application:

The priority objective is to guarantee student safety and protect their health from pollution related risks.

Points to consider (practical and organizational considerations):

LFS participates in private leagues which have their own pollution protocols, validated by their members.

By joining these leagues, we commit to common rules applicable to all.

Systematic application of our stricter internal protocol could lead to repeated forfeits.

LFS could then face warnings or even exclusion from local leagues, particularly the Y football league.

Pollution protocol issue

Opinion of the LFS health unit, in consultation with the consulate's referent doctor:

Outside campus, we can align with the football league protocol, which sets a limit threshold of 180. When AQI exceeds 150, we must allow families to decide on their child's participation in sports competitions.

Validation from the Operations Committee (08/12)

Following the Operations Committee on 8 December, we confirm that the current LFS pollution protocol remains in force.

For weekend sports activities organized off campus, families may decide participation when pollution is between $150 < \text{AQI CN} < 200$.

The ASC manager will inform families two hours before the start of the competition if high pollution is observed (AQI China between 150 and 200).

Families wishing to withdraw their child must confirm cancellation no later than 1h30 before the meeting time. If, 1h30 before the competition, the LFS team is not complete, the ASC manager will immediately inform the families so they do not travel unnecessarily.

After School Care Service

Bilan des inscriptions du projet garderie		
Qingpu		
Niveaux	PS - MS - GS	TPS
Inscriptions	19 / 17	
Option 1: (3 jours) TPS- PS - MS - GS	8 / 11	3/3
Option 2: (5 jours) TPS- PS - MS - GS	8 / 3	
Yangpu		
Niveaux	PS - MS - GS	TPS
Inscriptions	7 / 11	
Option 1: (3 jours) TPS- PS - MS - GS	2 / 4	0 / 1
Option 2: (5 jours) TPS - PS - MS - GS	5 / 6	

NB : En rouge ce sont les données de l'année dernière

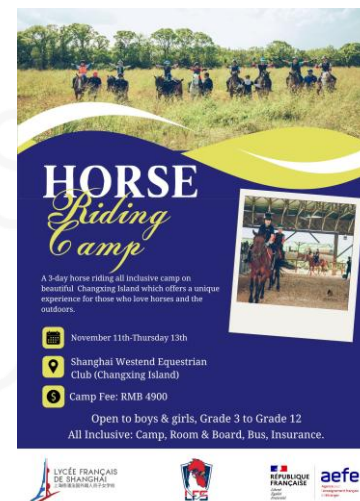


Holiday camps

The ASC camp period from 10 to 14 November ran smoothly.

Yangpu	Stages	Inscrits
Stage 1	Equitation (CE2 à la Terminale)	6
Stage 2	Football - FD Academy (CP à la Terminale)	2
Stage 3	Art + multisports/natation (CP - CM2)	20
Stage 4	Basketball +multisports/natation (CE2-6e)	4
Stage 5	Théâtre Musical	2
Stage 6	Stage de natation	20
		54

Qingpu	Stages	Inscrits
Stage 1	Equitation (CE2 à la Terminale)	7
Stage 2	Football - FD Academy (CP à la Terminale)	20
Stage 3	Art + multisports/natation (GS - CM2)	18
Stage 4	Basketball +multisports/natation (CE2-6e)	1
Stage 5	Théâtre Musical	10
Stage 6	Stage de natation	20
		76



AEFE – ProZAP

In preparation:

ProZAP Football cycle 4: 10 to 14 December in Bangkok

ProZAP Football cycle 3: 19 to 23 January in Vientiane

ProZAP (beach volleyball): 14 to 18 March in Bali

ProZAP Basketball: 12 to 16 March in Bangkok

ProZAP Swimming: 23 to 28 March in Singapore

ProZAP Badminton: 23 to 28 March in Shanghai



The ProZAP regulations and the coaches charter have been approved by the school management.

This charter is systematically shared and attached to the information email announcing each ProZAP competition to families.

A feature has been added to the registration form allowing families of selected students to sign the charter electronically.

A mandatory training session for coaches and selected students will be organized before each event, covering ProZAP rules and responsibilities.

ASC – Backward planning

✓ ASC calendar updates:

Cancellation of ASC on Friday 7 November

Added session on Friday 19 December

ASC Show (ASC performance) on Saturday 31 January:

Yangpu: 9:00

Qingpu: 11:00

End of Semester 1 ASC: 31 January

Week of 2 to 6 February: 1st ASC awards ceremony on Qingpu and Yangpu campuses

Semester 2 ASC registrations (Qingpu and Yangpu): Sunday 1 February

Second holiday camp period: 27 to 30 April

Second ASC Committee: 21 May

Week of 13 to 17 April: 2nd ASC awards ceremony on Qingpu and Yangpu campuses



ACTIVITÉS SPORTIVES
ET CULTURELLES

Questions and Answers

LYCÉE FRANÇAIS DE SHANGHAI
上海法国外籍人员子女学校

Question 1: Yangpu family

There is a large difference between the number of ASCs offered in primary and in secondary. Why?

Is it related to a bus issue? If so, why not offer ASCs without bus return for secondary students?

They are old enough to take the metro or a didi.

Answer:

In secondary, activity programming depends strongly on timetables and student availability.

More autonomous, they often choose free clubs supervised by student life, which can limit registrations to paid ASCs.

We therefore focus secondary ASCs on activities that require structured organization (league sports, transport, facilities, supervision).

Today, LFS students have access to three types of offers:

- Secondary ASCs
- Pedagogical option classes (music, arts) on Monday and Thursday from 17:00 to 18:30
- Free clubs such as chess, dance, group music, role playing games, or strategy games like Warhammer

Question 2: Yangpu family

In secondary, more activities are offered in Qingpu than in Yangpu. This is very unfair, especially as we cannot choose the campus at registration. Why?

Answer:

Differences between the two campuses are mainly explained by their respective student numbers, as ASC opening depends on a minimum number of registrations to ensure viability.

The current dynamic is very positive. We observe a clear increase in student numbers and ASC registrations, which already allows us to gradually expand the offer, open more sections, and develop more LFS competition teams.

In the medium term, the opening of the high school up to Grade 12 will strengthen secondary enrollment and offer more ASC choices for all students.

This evolution will progressively benefit both campuses, depending on enrollment growth.

We remain attentive to family requests and continuously adapt the ASC offer to support balanced and sustainable growth.

Question 3: Yangpu family

In secondary, all sports are named “LFS Competition”. What does that mean exactly?

Some parents did not register their children because they are beginners and thought the activity was not intended for them. In that case, where are sports for beginners?

Other parents thought they would find an intermediate level team, but that is not the case; there are many beginners.

Why are two different levels not offered? In my opinion, this name “competition” should be changed.

Answer:

LFS Competition is a new label tested for two years, replacing the former term “ASC competition”.

The aim is to clarify that these activities offer two possibilities, with no obligation for students.

Registering in an LFS Competition ASC simply gives the student the opportunity to:

- Represent LFS in regional leagues
- Participate in competitions if they wish

Participation in competitions is never mandatory. As with any new system, a shared culture develops progressively.

Students increasingly understand that LFS Competition is open to all levels. In fact, the most popular activities (badminton, volleyball, basketball) are now mainly composed of beginners. These students may participate in competitions, but nothing obliges them.

The term “Competition” should therefore be understood as a possibility, not a requirement.

Regarding creating two distinct levels, this is not always possible in secondary due to smaller numbers.

A single group allows the activity to remain open and ensures regular training while welcoming both beginners and more advanced students.

To ensure personalized support, several coaches can be present (e.g., swimming, badminton, volleyball, football).

Question 4: Yangpu family

From my experience, and I know other parents felt the same: during the school visit in the registration phase, the brand new climbing wall is promoted.

At the start of the year, big disappointment: there is no climbing ASC competition or at least intermediate.

In addition, the ProZAP climbing just took place; many APAC schools participate, and it is a pity that LFS is not part of it.

Answer:

Climbing is already offered in ASC for primary (CM1–CM2) and is accessible to secondary students during PE lessons (Grade 8 and Grade 10).

Given limited secondary enrollment at Yangpu, we avoid multiplying activities to prevent time slots with only two or three students, which compromises sustainability.

Last year, we programmed this activity and received only three registrations, which forced the closure of the slot.

However, we take your remark into account and will study opening a beginner or intermediate slot depending on interested students' levels.

On the Yangpu campus, we prioritize key activities recommended by the international schools league, which organizes competitions, championships, and tournaments: football, basketball, volleyball, badminton, swimming, and dance.

Management validates the ProZAP events LFS participates in, in consultation with the PE team and the ASC department.

The school commits to these tournaments when we have competitive teams to represent the school appropriately.

Question: Yangpu family


Regarding ProZAP, why is the dance ASC not participating this year?

Answer:

This year we are participating in the AEFE event, which will take place in a digital and video format.

We are committed to developing, consolidating, and proposing new opportunities for our dancers on both campuses.

ProZAP Dance “Danse, Joue, Filme” 2025–2026, organized by AEFE.

 <https://view.genially.com/68b94314c16b0194a155a405>

Theme: “In balance...”

Objective: create a video of an original choreography (1 to 3 minutes) while respecting creative constraints.

Timeline:

- Registrations: January 2026
- Film submission: April 2026
- Results: May 2026

Question 7: Qingpu family

Would it be possible to have sponsors for ProZAP ASC (travel, kits)?

Answer:

Yes. It is entirely possible to have sponsors for LFS ProZAP activities.

LFS is constantly looking for partners to support initiatives such as ProZAP competitions.

The objective is to reduce costs for families and provide the best possible experience for students.

Support can take several forms:

Funding or co-funding equipment and kits for teams

Logistical support for event organization

Covering certain expenses linked to organizing a ProZAP at LFS (goodies, awards, refreshments, or part of travel costs)

These partnerships are valuable, often highlighted by our communications department, and help sustain events that contribute to student development and team spirit.

Please contact the ASC office if you have a lead or a partnership proposal.

Question 8: Qingpu secondary students

Would it be possible to broadcast ProZAP matches and competitions on the screens of the Yangpu Piazza or in the Qingpu slide room, to allow LFS students to follow their classmates' performances live?

Such an initiative would strengthen school spirit and collective pride around teams representing LFS.

It would also highlight sports commitment and create moments of sharing during lunch breaks.

Answer:

Broadcasting ProZAP matches depends on the host school, which sets a media schedule including live stream links (Facebook, Instagram, YouTube, Tournify, etc.).

If the host school shares the live broadcast links, the ASC team, in coordination with (vie Scolaire) and the LFS communications department, can organize broadcast during lunch breaks.